

Front Street Fitness

Frequently Asked Questions

Center Logistics

Q: Where is the center located?

A: Front Street Fitness is located at 102 N. Front St. (downtown). It occupies the storefront of the employee parking garage, located on the east side of Front St. between Gay St. and Long St (near Cravings Cafe).

Q: Is there a fee to use the center?

A: No, membership to Front Street Fitness is free.

Q: Is the center use restricted to downtown employees only?

A: No, all employees are permitted to use the facility, regardless of their work location.

Q: How secure is the building?

A: The fitness center and employee parking garage is under surveillance 24/7. Access to the fitness center is by employee badge only. Employees will not be given access if they have not completed all the appropriate documentation. The fitness area of the center is equipped with security cameras and a panic button (on the wall, behind the front desk) to ensure the safety of users and the equipment.

Hours and Access

Q: How can I be given access to the center?

A: Employees must follow the proper steps outlined on the Healthy Columbus/Front Street Fitness webpage.

Q: What are the center hours?

A: The center is open Monday through Friday, 9AM-5PM until further notice. No weekends or holidays.

Q: Can my family members or friends use the center?

A: No, friends, family members, and unauthorized coworkers are not permitted to use the facility.

Q: Where can I park?

A: Street parking is available. If you are coming from an off-site location, one additional parking option is available. However, to learn more about this option, please email the Healthy Columbus staff. You can contact Brandon Kimbro at btkimbro@columbus.gov or Jacob Hittle at jthittle@columbus.gov.

Amenities

Q: Can I utilize the lockers?

A: Due to the COVID-19 pandemic, the locker rooms are only available for restroom use only. Employees are encouraged to visit the center ready to work out. Small lockers in the main workout area are available for temporary use only.

Q: Are there group exercise classes offered in the center?

A: Due to the COVID-19 pandemic, no group exercise classes are offered at this time.

Staffing and Management

Q: Will the center be staffed?

A: The YMCA of Central Ohio will staff the center 40 hours a week, Monday through Friday (9AM-5PM). The staff is trained and knowledgeable in all aspects of health, wellness and fitness.

Q: What services will the staff provide? Can he or she personally train me?

A: YMCA staff will provide orientation for the center, assess individual fitness levels and provide a tailored exercise plan for employees upon request. YMCA staff will not provide group training classes and personal training until further notice due to COVID-19.

Q: Is it necessary to reserve equipment?

A: No, all equipment is on a first come, first serve basis.

Q: Which City Department will oversee the center's operations?

A: The Department of Human Resources and the Healthy Columbus program manages the center's operation.

Q: How often will the center and equipment be cleaned?

A: The Facilities Division staff will be responsible for cleaning floors, emptying trash, and the locker/bathroom areas. The YMCA Staffer will do two daily cleaning each day. All users are expected to clean the equipment thoroughly before and after each use. Disinfectant wipes are provided at various locations throughout the center.

Please note the Front Street Fitness Center hours, operational policies, and equipment supply are subject to change.

Further Questions?

Please email Brandon Kimbro at btkimbro@columbus.gov, Jacob Hittle at jthittle@columbus.gov.